



Cooking with Fruit

By N.Maheswari Devi

Paperback. Book Condition: New. Not Signed; Cooking with Fruit introduces a naturally delicious and healthy way of eating. Although fruit is usually enjoyed in its natural state, as an accompaniment to a dish, it can add a refreshing taste. This cookbook offers simple recipes that combine sweet and tangy flavours of fruit to produce a unique collection of mouth-watering dishes. Using commonly available fruit such as oranges, apples, bananas and pears, as well as the more exotic passion fruit and pomegranates, this cookbook offers recipes for every occasion. Try quick one pot meals such as, Peach Rice, which can be enjoyed on its own or prepared as an accompaniment to a dish of succulent Apple-Peach topped pork chops, or Pineapple crab delight. And for dessert, enjoy a Chocolate and cherry trifle, or an Orange souffle. Featured recipes include: Mango soup; Pineapple crab delight; Orange cupcakes; Minced pork with orange segments; Apple crumble; Fillet of pork with prunes; Strawberry Rice; Cream cheese fruit salad; and Apricot and lentil soup. book.



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