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MORNING HABITS TO BOOST YOUR SELF ESTEEM: DISCOVER A MORE CONFIDENT YOU TODAY



Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.The first thoughts and things you do upon waking in the morning fairly determines how the rest of your day will pan out. Those first thoughts and actions set your path of determination for the day ahead. Every morning can begin with either peace and confidence or doubt and dread of the mundane day before you. What if...

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- Authored by A W O Connor
- Released at 2015



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