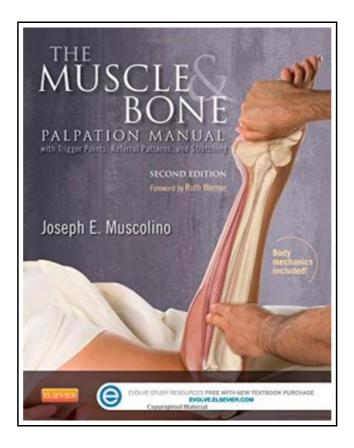
The Muscle and Bone Palpation Manual with Trigger Points, Referral Patterns and Stretching, 2e



Filesize: 4.12 MB

Reviews

This pdf is indeed gripping and interesting. It is definitely simplistic but shocks within the 50 percent of your book. Once you begin to read the book, it is extremely difficult to leave it before concluding. (Michael Spinka)

THE MUSCLE AND BONE PALPATION MANUAL WITH TRIGGER POINTS, REFERRAL PATTERNS AND STRETCHING, 2E



Mosby, 2015. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: Muscolino's comprehensive and visually engaging coverage takes an in-depth look at palpation of muscle and bone along with trigger points and their pain referral patterns, stretching, specific muscle treatment, and more. Amazing four-color artwork shows palpation of the muscle with illustrations drawn over full-color photos. New additions such as review questions, "Deeper Thoughts," case studies and an Interactive Muscle Program help you develop integrative clinical-reasoning skills and successfully apply palpation techniques in massage therapy. Step-by-step muscle palpitation coverage with clear reasoning provided for each step presents content in a way that is easily understood and remembered rather than just memorized. Amazing four-color artwork shows palpation of the muscle with muscle and bone illustrations drawn over fullcolor photos offering you a better sense of exactly how the muscles look and where the muscle is located underneath the skin as it is being palpated. UNIQUE! Stretching coverage provides more information on this effective treatment technique and helps you understand the role of stretching in treatment. Trigger Points and Referral Patterns illustrations show where trigger points lie on the muscle and where pain radiates when an injury is felt so you can effectively identify trigger points and referral patterns in a clinical setting. UNIQUE! Palpation photos help students and practitioners learn to identify muscles when the body is positioned the way they will encounter it in the massage setting. Specific massage-related assessment and treatment strokes are shown through illustrations and in the Palpation Notes, moving you from theory and assessment to practical application. Bone Palpation coverage teaches you to identify and palpate bones and bony landmarks. Chapter overviews and outlines introduce each chapter so you can preview the content and direction of the chapter at...

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